

Will not change the risk of getting a caesarean or an instrumental delivery



Will probably increase your need for medical painkillers



Gives a risk of hyperstimulation; a complication with effects on you and your baby



Might have an effect on your mental state after delivery, there are signs it might increase the risk of getting a depression



Will increase your risk of having a negative birth experience



It is unclear if an induction results in health benefits for you or your baby now and in the future

What do we know about induction at 39 weeks?

Induction at 39 weeks...



Will not change the amount of babies with infections or babies who need to be admitted to neonatal medium or intensive care



Might have an effect on your ability to breastfeed



Will probably last longer; at the beginning it might take a few days to prepare for the contractions can start and active labour will in most cases last two hours longer



Will not change the amount of baby's with too low or too high birth weight



Will not change the amount of blood loss at birth

And after all, your baby will most likely be born spontaneously before 41 weeks